



# Leighton Buzzard Canoe Club 2017 Marathon

## BCU Eastern Region Hasler Qualifier Sunday 18 June 2017

- VENUE** Leighton Buzzard Canoe Club  
Cedars School / Tiddenfoot Leisure Centre, Mentmore Road,  
Leighton Buzzard, LU7 2AE
- PARKING** Free parking is available at the rear of Cedars School, adjacent to the  
astroturf football pitches or in the Tiddenfoot Leisure Centre car park.  
In the event of these being full, we will use the tennis courts at the rear  
of the school as an overflow. Marshals will be present.
- CLASSES** Singles: Division 1, 2, 3, 4, 5, 6, 7, 8, 9  
Doubles: Division 2, 4, 5, 6, 7, 8, 9  
Lightning Marathon: U10 Boy, U10 Girl, U12 Boy, U12 Girl  
Hody K2 Race (open to Lightning paddlers)
- COURSES**
- |  |                       |
|--|-----------------------|
| Divisions 1, 2, 3 Singles; 2 Doubles       | 12 miles, 6 portages  |
| Divisions 4, 5, 6 Singles; 4, 5, 6 Doubles | 8 miles, 2 portages   |
| Divisions 7, 8, 9 Singles; 7, 8, 9 Doubles | 4½ miles, no portages |
| Lightning Marathon                         | 2 miles, no portages  |
| Hody K2                                    | 2 miles, no portages  |
- TIMING** PLEASE NOTE THE SPLIT START TIMES.

Check-in	Briefing	Start	
09:00 - 10:00	10:30	11:00	Divisions 7, 8, 9 Doubles Divisions 7, 8, 9 Singles Lightning BU12, GU12, BU10, GU10
09:00 - 11:00	12:00	12:30	Divisions 1, 2, 3 Singles Divisions 2, 4, 5, 6 Doubles Divisions 4, 5, 6 Singles Hody K2 U12, U10
<b>LATE ENTRIES WILL CLOSE AT 10.00AM.</b>			

15:00	Prize giving
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<b>NUMBERS</b>	Pre-printed <b>Number boards</b> will be supplied at check-in on the day. If you use your own they must be on white boards and conform with the regulations as per the 2017 Sprint and Marathon Racing Handbook.										
<b>RULES</b>	Races will be held in accordance with British Canoeing Marathon Committee Rules. Approved buoyancy aids must be worn by all paddlers ranked in Divisions 7, 8 or 9 irrespective of the race in which they are entered and also by all participants in the Lightning and Hody races. It is recommended that all under 16 paddlers in divisions 1 to 6 also wear buoyancy aids.										
<b>WEBSITE</b>	Updates and information will be published on the LBCC website <a href="http://www.lbcc.org.uk">www.lbcc.org.uk</a>										
<b>AWARDS</b>	First, Second and Third place prizes will be awarded depending on the number of entries; other category awards as appropriate.										
<b>RESULTS</b>	Results will be published on the LBCC website.										
<b>FEES</b>	<table style="width: 100%; border: none;"> <tr> <td style="width: 60%;">Division 1 to 9 Singles and Doubles:</td> <td style="text-align: right;">Seniors:</td> </tr> <tr> <td><b>£9.00 per seat</b></td> <td></td> </tr> <tr> <td><b>seat</b></td> <td style="text-align: right;">Juniors: <b>£7.00 per</b></td> </tr> <tr> <td>Lightning Marathon:</td> <td style="text-align: right;"><b>£3.00 per seat</b></td> </tr> <tr> <td>Hody K2 Race:</td> <td style="text-align: right;"><b>£ FREE</b></td> </tr> </table> <p>All entries that are put in and later scratched <b>must</b> still be paid for.</p> <p>Entries to the Divisional races on the day will be charged a late entry fee of an additional <b>£5.00 per seat</b>.</p> <p>Competitors in Divisions 7, 8 &amp; 9 who are unable to show current comprehensive BCU membership will be charged an additional <b>£5.00 per seat</b> for a Day Ticket. <b>Day tickets are not available for competitors in Divisions 1 - 6.</b></p>	Division 1 to 9 Singles and Doubles:	Seniors:	<b>£9.00 per seat</b>		<b>seat</b>	Juniors: <b>£7.00 per</b>	Lightning Marathon:	<b>£3.00 per seat</b>	Hody K2 Race:	<b>£ FREE</b>
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<b>HODY K2 RACE</b>	The Hody K2 Race is an optional extra FREE race for Lightning paddlers. Crews can be mixed girls and boys.										
<b>CLUB COLOURS</b>	Club colours must be worn in all races. Paddlers that do not visibly wear their club colours will not earn their club Hasler points.										
<b>REFRESHMENTS</b>	Hot food will be available all day. Paddlers' food will also be available.										
<b>PARTICIPATION</b>	Canoeing and Kayaking are "Assumed risk water contact sports" that may carry attendant risks. Participants should be aware of and accept these risks and be responsible for their own actions and involvement.										

**WEIL'S DISEASE**

We would like to bring to the attention of all participants of the event the dangers of water-borne diseases particularly Weil's Disease.

Unlike tap water, the water in canals, rivers and reservoirs is untreated and micro-organisms are naturally present. However, although the risk of contracting illness (including the much publicised but rare condition Weil's Disease) is extremely small, sensible precautions should be taken as follows:

- Avoid full immersion in the water
- Cover all cuts and abrasions with waterproof dressings before contact with the water
- Wash all exposed skin after contact with the water and before eating
- Do not put wet ropes, fishing lines or other objects in your mouth.

Should any illness occur within 2 weeks of contact, you should seek medical advice and inform your doctor you have been in contact with untreated water.

**BUOYANCY**

Competitors must render their boats sufficiently buoyant to remain afloat and to support the crew in rough water in the event of capsizing.

**ENTRIES CLOSING  
will be  
DATE**

By 9:00 pm Thursday, 15 June at the latest. Entries received after this charged a late entry fee of £5.00 per seat.

My preferred entry method is by using an HRM file sent to e-mail address [raceorganiser@lbcc.org.uk](mailto:raceorganiser@lbcc.org.uk). Alternatively, by using the entry form that can be found on the LBCC web site.

Please send cheques payable to LBCC to:

**Nigel Dixon  
4 Meadow Close  
Cublington  
Leighton Buzzard  
Bedfordshire  
LU7 0LY**

**Team Leaders please note** - Bulk entries need to be paid for by a single payment covering all entrants.

**CANCELLATION**

In the event of the cancellation of this event, I will contact team leaders and an announcement will be made on the Leighton Buzzard Canoe Club website [www.lbcc.org.uk](http://www.lbcc.org.uk).

**CONTACT**

**Nigel Dixon  
[raceorganiser@lbcc.org.uk](mailto:raceorganiser@lbcc.org.uk)  
07753 218443  
01296 682540**