



PANGBOURNE HASLER



SUNDAY 8th SEPTEMBER 2019

VENUE: River Thames. Pangbourne, The Dolphin Centre, Whitchurch Rd. (NB. NOT Home Farm, Purley)

GPS coordinates- N 51.485742 W 1.085289 / Post code RG8 7DA

Directions - Exit M4 at Junction 12 and follow A4 signed to Theale and Pangbourne. At 2nd roundabout turn right onto the A340 to Pangbourne. As you enter the village turn right at the first mini roundabout then left at the next mini roundabout at The George Hotel. Go under the railway bridge and take 2nd turn right into the public car park. Entrance to the meadow car parking is directly on your right.

There will be a charge of £1 to park on Pangbourne Meadow.

Pangbourne meadow is a public place, please keep dogs under control at all times, preferably on a lead. Access to the course is via the Thames Path, please respect all other users especially at the portage.

CLASSES:

Singles	Doubles	Distance	Portages
Divisions 1, 2, 3	Divisions 2, 3	12 miles	3
Divisions 4, 5, 6	Divisions 4, 5, 6	8 miles	2
Divisions 7, 8, 9 & 10	Divisions 7, 8, 9	4 miles	0
Lighting U10, U12	Hody U10, U12	2 miles	0

Division 10 is an OPEN U12 class, open to male and female U12's. Paddlers may use Lightnings, mini K1 or full length K1, any U12 paddler not already promoted to Div 8 is eligible, including those already in Div 9.

Club colours should be worn to be awarded points.

RULES:

This event will be run under the Marathon Racing Rules available on the MRC website. Link www.canoeracing.org.uk – From Home page follow Governance, then Rules and Regulations to PDF file - 2019 Racing Rules 141218 (then download)

GDPR – Personal data will only be used for the purpose of entering and producing results for the race. It will only be held until the conclusion of the race when the results will be passed on to the MRC to store.

ENTRY : Check in by Team Leader ONLY.

All Leaders/paddlers must be able to show current BCU membership or membership of their Club's registered Youth Section **if requested.**

IF Seniors are not members of BCU an event ticket to cover insurance is necessary

ONLY ONE Event ticket per season is allowed

Event Ticket £5/ no charge for Lightning/Hody. It must be signed for by the paddler on race day at Race Admin.

Race Fees:

Adults: £9.00 per seat

Juniors: £7.00 per seat

Lightning/Hody: £3.00 per seat. (Hody K2 race entry is free for Lightning paddlers)

Late entries: £3.00 extra per seat (excluding Lightning & Hody)

HRM Pre-entries using RACMAN by 11pm Thursday 5th September 2019

Payment by BACS please or cheque for team entries;

Please note ALL BACS payments MUST be made on or before the Thursday 5th Sept.

Friday 6th is the last day we can verify the payment has arrived.

Postal Pre-entries by Friday 6th September 2019

Bank details on Entry form page 2 with email address to send entries.

TIMETABLE: 08:30	BOAT HOLDING AREA OPEN
08.30 - 09.40	RACE ADMIN OPEN CHECK IN DIVS 7-10 & LIGHTNING- TEAM LEADERS ONLY
08.30 - 11.30	RACE ADMIN-CHECK IN DIVS 1-6 - TEAM LEADERS ONLY
09.40	BRIEFING and START LIGHTNING
10.00	BRIEFING DIVS 7, 8, 9 and 10
10.30	START DIVS 7, 8, 9 and 10
11.30	RACE ADMIN- CHECK IN CLOSES
11.30 – 11.40	BRIEFING and START HODY
12.10	BRIEFING DIVS 1 - 6
12.30	START DIVS 1 - 6

SAFETY:

Pangbourne Canoe Club and its nominated officials cannot be held responsible for any loss of life, limb or equipment however caused. Canoeing and Kayaking are 'assumed risk' – 'water contact sports' that may carry attendant risks. Participants should be aware of and accept these risks and be responsible for their own action and involvement.

In the event of 'Red boards' being displayed at either Whitchurch or Mapledurham the event will be cancelled and all entry fees returned.

BOAT BUOYANCY- Competitors responsibility

Competitors must render their boats sufficiently buoyant to remain afloat and support the crew when filled with water. (Page F8 rule 5 of Marathon Racing Rules)

Marshals will be carrying out random checks throughout the day.

At this event any boat that is not compliant with the above directive will be refused entry onto the water.

BOUYANCY AIDS

BA's to be worn by ALL competitors racing in Divs 7,8,9 & 10, regardless of their ranking, and are compulsory for all paddlers ranked in Division 7, 8, 9 and 10 irrespective of the class entered. This applies across age categories and in singles and doubles. Team leaders should decide if other paddlers should wear them according to prevailing conditions. All competitors in under 10 and under 12 races must wear buoyancy aids.

Pangbourne Canoe Club reserves the right to make all paddlers wear buoyancy aids if conditions require it.

Team Leaders/Representatives:

Please notify the race organisers if you are supporting any paddler with specific health needs, see declaration form on page 3 of entry form .

Please ensure your competitors attend the briefing, even if familiar with the race, as we have had to make changes in the past at a late stage.

Disposable drink containers and food packaging:

Changes at Portage ONLY and all litter **must** be collected by your coach/support crew; it is the responsibility of all competitors to ensure that all rubbish is disposed of in the correct manner.

Paddlers not complying with this rule will be disqualified.

REFRESHMENTS:

Light refreshments will be provided for competitors. Other food will be available for sale.

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ENTRY FORM - PAGE 1

ALL competitors must be able to provide proof of BCU membership or membership of their club's registered Youth section if requested to do so.

EVENT TICKET see rule on page F44/45- ONLY ONE Event ticket per season allowed

The event ticket provides BCU insurance for the event and is not a river licence.

ALL TEAM LEADERS / PADDLER should sign the declaration form on page 2 of this entry form.

All entries should preferably be made via the RACMAN (HRM) system.

Email to janetinfance@gmail.com , the completed RACMAN entry sheet, and a scanned signed declaration form for the team (on page 2),

Evidence of current BCU cards if expiry dates of are not showing as in date on the Ranking List.

For postal entries, send names entered on this sheet, the signed declaration form on page 2, and required copies of current BCU/ membership cards with your payment; cheques made payable to 'Pangbourne Canoe Club'

Send To: Janet Gillespie: C/O Home Farm, Purley on Thames, Reading, RG8 8AX.

Seniors £9 **Juniors** £7 **Lightning/Hody** £3.00 per seat (Hody K2 entry is free for Lightning paddlers)

Late entries £3.00 extra per seat (excluding Lightning & Hody)

Event Ticket £5. Lightning/Hody no charge BUT if event ticket required it must be signed for by the paddler/leader on race day at Check in

CLOSING DATE for RACMAN entries: 11pm Thursday 5th September 2019 including BACS payment.

POSTAL entries must be received by Friday 6th September 2019

LATE ENTRY FEES will be applied to payments received after 6th September, excluding Lightning and Hody entries

Div Race	First Name	Surname	F/M	Junior, Senior, Veteran	Singles Rank	BCU Number	Expiry Date	Fee £
							Total fee	

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ENTRY FORM - PAGE 2

DECLARATION FROM TEAM LEADER/INDIVIDUAL COMPETITOR
PLEASE ENSURE YOUR TEAM ARE AWARE OF THIS FORM

Please send this signed declaration form with your payment - Late entries will be asked to sign this form at the event.

Declaration:

I/we confirm that the junior paddlers entered are members of the registered Youth section of my club.

For all paddlers

I/we can confirm that the above paddlers are able to swim 50 metres in light clothing and accept full responsibility for his/her/themselves, crafts and accessories, before, during and after racing.

*If any paddler has any medical condition or other pre-disposition that could compromise the paddler's safety on the water it is Pangbourne Canoe Club Policy that they **MUST** wear a buoyancy aid at all times whilst on the water regardless of their age, ability or the weather conditions on the day. It is the responsibility of the individual paddlers themselves (or their guardians if they are a junior) to ensure that they adhere to this rule.*

*Additionally, should a member of your team (or a parent in the case of a junior) inform you of any medical condition that may affect their safety, you should ensure that they take appropriate precautions and that the organiser is informed (**F8/9 Rule 5**).*

PLEASE PRINT CLEARLY IN CAPITALS:

Club Name:.....

Name of Team Leader/s/competitor.....

Address:.....

.....Email.....

Contact Mobile Numbers for use at Race:/.....

Signature/s:

.....

Date:

Please make payments **by cheque** made payable to **“PANGBOURNE CANOE CLUB”** and send with full list of entries and the signed declaration form on page 2, and required copies of all current BC/ membership cards to:

Janet Gillespie; c/o, Home Farm, Purley on Thames, RG8 8AX

RACMAN entries to: janetfrance@gmail.com Before 11PM Thursday 5th September
WITH BACS PAYMENT to Pangbourne canoe Club, Sort code 54-21-28, Acc no 05915147, with Club name in REFERENCE BOX

Phone enquiries: +44 (0) 118 942 8001