



The Inter-Services Championship and Open &
National Paracanoe, Senior, U23 and
Junior Sprint Championship Regatta



1st & 2nd September 2018

Saturday

08:00 Team Leaders' meeting

09:00 Start bucket practice from 200m start opens

09:30 Start bucket practice closes.
Course cleared

1	09:45	Boys U12	K1	500	H1
2	09:48	Boys U12	K1	500	H2
3	09:51	Boys U16	K1	1000	H1
4	09:54	Boys U16	K1	1000	H2
5	09:57	Boys U16	K1	1000	H3
6	10:00	Boys U16	K1	1000	H4
7	10:03	Boys U16	K1	1000	H5
8	10:06	Boys U18	K1	1000	H1
9	10:09	Boys U18	K1	1000	H2
10	10:12	Boys U18	K1	1000	H3
11	10:15	Boys U18	K1	1000	H4
12	10:18	Men U23	K1	1000	H1
13	10:21	Men U23	K1	1000	H2
14	10:24	Men U23	K1	1000	H3
15	10:27	Men Open Kayak	K1	1000	H1
16	10:30	Men Open Kayak	K1	1000	H2
17	10:33	Boys U14	K2	1000	H1
18	10:36	Boys U14	K2	1000	H2
19	10:39	Girls U16	K1	1000	H1
20	10:42	Girls U16	K1	1000	H2
21	10:45	Girls U16	K1	1000	H3
22	10:48	Girls U18	K1	1000	H1
23	10:51	Girls U18	K1	1000	H2
24	10:57	Girls U12	K1	500	F
25	11:00	Boys U12	K1	500	F
26	11:03	Paddle-Ability - Sat	K1	500	F1
27	11:06	Paddle-Ability - Sat	K1	500	F2
28	11:12	Men Open Canoe + U23 + Boys U18	C1	1000	F
29	11:15	Inter-Services Men	K1	1000	F
30	11:18	Boys U16	K1	1000	F1
31	11:21	Boys U16	K1	1000	F2
32	11:24	Boys U18	K1	1000	F1
33	11:27	Boys U18	K1	1000	F2
34	11:30	Men U23	K1	1000	F1
35	11:33	Men U23	K1	1000	F2
36	11:36	Men Open Kayak	K1	1000	F
37	11:39	Masters C-D	K2	1000	F
38	11:42	Boys U14	K2	1000	F
39	11:45	Women Open Kayak	K1	1000	F
40	11:48	Women U23	K1	1000	F
41	11:51	Girls U16	K1	1000	F1
42	11:54	Girls U16	K1	1000	F2
43	11:57	Girls U18	K1	1000	F
44	12:03	Lightning B	K1	500	H1
45	12:06	Lightning B	K1	500	H2
46	12:09	Lightning A	K1	500	H1
47	12:12	Lightning A	K1	500	H2
48	12:15	Lightning A	K1	500	H3
49	12:21	Boys U16	K2	1000	H1
50	12:24	Boys U16	K2	1000	H2
51	12:27	Boys U18	K2	1000	H1

Open & National Championship Medal Finals

52	12:30	Boys U18	K2	1000	H2
53	12:33	Inter-Services Men	K2	1000	F
54	12:39	Boys U18 + U16	C1	200	F
55	12:42	Men U23	C1	200	F
56	12:45	Men Open Canoe	C1	200	F
57	12:48	Boys U14	K2	200	H1
58	12:51	Boys U14	K2	200	H2
59	12:54	Women U23	C1	200	H1
60	12:57	Women U23	C1	200	H2
61	13:00	Girls U18 + U16	C1	200	F
62	13:03	Women Open Canoe	C1	200	F
63	13:06	Para Women KL1-3	K1	200	F
64	13:09	Para Men KL1-2	K1	200	F
65	13:12	Para Men KL3	K1	200	F
66	13:18	Lightning B	K1	500	F
67	13:21	Lightning A	K1	500	F1
68	13:24	Lightning A	K1	500	F2
69	13:27	Paddle-Ability - Sat	K2	500	F
70	13:33	Boys U16	K2	1000	F
71	13:36	Boys U18	K2	1000	F
72	13:39	Men U23	K2	1000	F
73	13:42	Men Open Kayak	K2	1000	F
74	13:45	Inter-Services Men	K4	1000	F
75	13:48	Men U23 + Boys U18 + U16	C2	1000	F
76	13:54	Boys U14	K2	200	F
77	13:57	Girls U14	K1	200	H1
78	14:00	Girls U14	K1	200	H2
79	14:03	Girls U14	K1	200	H3
80	14:06	Girls U16	K1	200	H1
81	14:09	Girls U16	K1	200	H2
82	14:12	Girls U16	K1	200	H3
83	14:15	Girls U16	K1	200	H4
84	14:18	Girls U18	K1	200	H1
85	14:21	Girls U18	K1	200	H2
86	14:24	Women U23	K1	200	H1
87	14:27	Women U23	K1	200	H2
88	14:30	Women Open Kayak	K1	200	H1
89	14:33	Women Open Kayak	K1	200	H2
90	14:36	WMasters A-B	K1	200	F
91	14:39	Masters C-D	K1	200	H1
92	14:42	Masters C-D	K1	200	H2
93	14:45	Women U23	C1	200	F
94	14:48	Paddle-Ability - Sat	K2	200	F
95	14:54	Boys U16	K1	200	H1
96	14:57	Boys U16	K1	200	H2
97	15:00	Boys U16	K1	200	H3
98	15:03	Boys U16	K1	200	H4
99	15:06	Boys U16	K1	200	H5
100	15:09	Boys U16	K1	200	H6
101	15:12	Boys U18	K1	200	H1
102	15:15	Boys U18	K1	200	H2
103	15:18	Boys U18	K1	200	H3
104	15:21	Boys U18	K1	200	H4
105	15:24	Boys U18	K1	200	H5
106	15:30	Men U23	K1	200	H1
107	15:33	Men U23	K1	200	H2
108	15:36	Men U23	K1	200	H3
109	15:39	Men Open Kayak	K1	200	H1

110	15:42	Men Open Kayak	K1	200	H2
111	15:45	Inter-Services Men	K1	200	F
112	15:48	Inter-Services Women	K1	200	F
113	15:51	Masters C-D	K1	200	F
114	15:54	Boys U14	K1	200	H1
115	15:57	Boys U14	K1	200	H2
116	16:00	Boys U14	K1	200	H3
117	16:03	Boys U14	K1	200	H4
118	16:06	Boys U14	K1	200	H5
119	16:09	Girls U14	K1	200	F1
120	16:12	Girls U14	K1	200	F2
121	16:15	Girls U16	K1	200	F1
122	16:18	Girls U16	K1	200	F2
123	16:24	Girls U18	K1	200	F
124	16:27	Women U23	K1	200	F
125	16:30	Women Open Kayak	K1	200	F
126	16:33	Boys U16	K1	200	F1
127	16:36	Boys U16	K1	200	F2
128	16:39	Boys U16	K1	200	F3
129	16:42	Boys U18	K1	200	F1
130	16:45	Boys U18	K1	200	F2
131	16:48	Men U23	K1	200	F1
132	16:51	Men U23	K1	200	F2
133	16:54	Men Open Kayak	K1	200	F
134	16:57	Para Men Va-a VL3	V1	200	F
135	17:00	Para Women Va-a VL1-3 + Men VL2	V1	200	F
136	17:06	Masters C-D	K4	200	F
137	17:09	Inter-Services Women	K2	200	F
138	17:12	Boys U14	K1	200	F1
139	17:15	Boys U14	K1	200	F2
140	17:18	Girls U14	K2	200	H1
141	17:21	Girls U14	K2	200	H2
142	17:24	Girls U16	K2	200	H1
143	17:27	Girls U16	K2	200	H2
144	17:30	Women U23 + Girls U18/U16	C2	200	F
145	17:33	Men Open Canoe + Boys U18 + U16	C2	200	F
146	17:36	Boys U16	K2	200	H1
147	17:39	Boys U16	K2	200	H2
148	17:42	Boys U18	K2	200	H1
149	17:45	Boys U18	K2	200	H2
150	17:48	Paddle-Ability - Sat	K1	200	F1
151	17:51	Paddle-Ability - Sat	K1	200	F2

17:54 Paracanoe Presentation

152	18:06	WMasters A-B	K2	200	F
153	18:09	Women Open Kayak	K2	200	F
154	18:12	Women U23	K2	200	F
155	18:15	Inter-Services Women	K4	200	F
156	18:18	Girls U18	K2	200	F
157	18:21	Girls U16	K2	200	F
158	18:24	Girls U14	K2	200	F
159	18:27	Masters C-D	K2	200	F
160	18:30	Men Open Kayak	K2	200	F
161	18:33	Men U23	K2	200	F
162	18:36	Boys U16	K2	200	F
163	18:39	Boys U18	K2	200	F

Sunday

164	08:30	Boys U14	K4	500	F
165	08:33	Boys U16	K4	500	F
166	08:36	Boys U18	K4	500	F
167	08:39	Men U23	K4	500	F
168	08:42	Men Open Kayak	K4	500	F
169	08:48	Girls U14	K1	500	H1
170	08:51	Girls U14	K1	500	H2
171	08:54	Girls U14	K1	500	H3
172	08:57	Girls U16	K1	500	H1
173	09:00	Girls U16	K1	500	H2
174	09:03	Girls U16	K1	500	H3
175	09:06	Girls U16	K1	500	H4
176	09:09	Girls U16	K1	500	H5
177	09:15	Girls U18	K1	500	H1
178	09:18	Girls U18	K1	500	H2
179	09:21	Girls U18	K1	500	H3
180	09:24	Women U23	K1	500	H1
181	09:27	Women U23	K1	500	H2
182	09:30	Women Open Kayak	K1	500	H1
183	09:33	Women Open Kayak	K1	500	H2
184	09:36	Inter-Services Women	K1	500	F
185	09:39	Lightning A	K2	500	H1
186	09:42	Lightning A	K2	500	H2
187	09:48	Boys U14	K1	500	H1
188	09:51	Boys U14	K1	500	H2
189	09:54	Boys U14	K1	500	H3
190	09:57	Boys U14	K1	500	H4
191	10:03	Boys U16	K1	500	H1
192	10:06	Boys U16	K1	500	H2
193	10:09	Boys U16	K1	500	H3
194	10:12	Boys U16	K1	500	H4
195	10:15	Boys U16	K1	500	H5
196	10:18	Boys U16	K1	500	H6
197	10:21	Boys U18	K1	500	H1
198	10:24	Boys U18	K1	500	H2
199	10:27	Boys U18	K1	500	H3
200	10:30	Boys U18	K1	500	H4
201	10:33	Boys U18	K1	500	H5
202	10:36	Boys U18	K1	500	H6
203	10:42	Men U23	K1	500	H1
204	10:45	Men U23	K1	500	H2
205	10:48	Men U23	K1	500	H3
206	10:51	Men U23	K1	500	H4
207	10:54	Men Open Kayak	K1	500	H1
208	10:57	Men Open Kayak	K1	500	H2
209	11:03	Inter-Services Men	K1	500	F
210	11:06	Girls U14	K1	500	F1
211	11:09	Girls U14	K1	500	F2
212	11:12	Girls U16	K1	500	F1
213	11:15	Girls U16	K1	500	F2
214	11:18	Girls U18	K1	500	F1
215	11:21	Girls U18	K1	500	F2
216	11:24	Women U23	K1	500	F
217	11:27	Women Open Kayak	K1	500	F
218	11:30	Inter-Services Women	K4	500	F
219	11:36	Masters C-D	K1	500	H1
220	11:39	Masters C-D	K1	500	H2
221	11:42	Paddle-Ability - Sun	K1	500	F1
222	11:45	Paddle-Ability - Sun	K1	500	F2
223	11:51	Lightning B	K2	500	F
224	11:54	Lightning A	K2	500	F
225	12:00	Boys U14	K1	500	F1
226	12:03	Boys U14	K1	500	F2
227	12:06	Boys U16	K1	500	F1
228	12:09	Boys U16	K1	500	F2

229	12:12	Boys U16	K1	500	F3				
230	12:15	Boys U18	K1	500	F1				
231	12:18	Boys U18	K1	500	F2				
232	12:21	Boys U18	K1	500	F3				
233	12:24	Men U23	K1	500	F1				
234	12:27	Men U23	K1	500	F2				
235	12:30	Men Open Kayak	K1	500	F				
236	12:33	Inter-Services Men	K4	500	F				
237	12:39	Boys U18 + U16	C1	500	F				
238	12:42	Men Open Canoe + U23	C1	500	F				
239	12:45	Girls U18 + U16	C1	500	F				
240	12:48	Women U23	C1	500	F				
241	12:54	Masters C-D	K1	500	F				
242	12:57	Girls U16	K2	500	H1				
243	13:00	Girls U16	K2	500	H2				
244	13:03	Girls U16	K2	500	H3				
245	13:06	Girls U14	K2	500	H1				
246	13:09	Girls U14	K2	500	H2				
247	13:15	Lightning B	K4	500	F				
248	13:18	Lightning A	K4	500	F				
249	13:24	Boys U14	K2	500	H1				
250	13:27	Boys U14	K2	500	H2				
251	13:30	Boys U16	K2	500	H1				
252	13:33	Boys U16	K2	500	H2				
253	13:36	Boys U18	K2	500	H1				
254	13:39	Boys U18	K2	500	H2				
255	13:42	Men U23	K2	500	H1				
256	13:45	Men U23	K2	500	H2				
257	13:48	Inter-Services Men	K2	500	F				
258	13:54	Inter-Services Women	K2	500	F				
259	14:00	Women Open Kayak + U23	K4	500	F				
260	14:03	Girls U18	K2	500	F				
261	14:06	Girls U16	K2	500	F1				
262	14:09	Girls U16	K2	500	F2				
263	14:12	Girls U14	K2	500	F				
264	14:18	Men U23 + Boys U18 + U16	C2	500	F				
265	14:21	Women U23 + Girls U18/U16	C2	500	F				
266	14:24	Paddle-Ability - Sun	K2	500	F				
14:27 Mini-Sprint Presentations									
Inter-Services Presentations									
Paddle-Ability Presentations									
267	14:51	WMasters A-B	K2	500	F				
268	14:54	Masters C-D	K2	500	F				
269	14:57	Boys U14	K2	500	F				
270	15:00	Boys U16	K2	500	F				
271	15:03	Boys U18	K2	500	F				
272	15:06	Men U23	K2	500	F				
273	15:09	Men Open Kayak	K2	500	F				
274	15:12	Women Open Kayak	K2	500	F				
275	15:15	Women U23	K2	500	F				
276	15:18	Girls U18/U16	K4	500	F				
277	15:21	Girls U14	K4	500	F				