

STANDARDS FOR SPRINT RACING

MALE CLASSES

Band	National Sprint Racing Classes	1000m	500m	200m		HC
1	Olympic 3:24 & 1:36 K1	3.26	1.36	35.00		
	<i>World Champion Men K1</i>	3.30	1.38	35.66		0
		3.34	1.40	36.33		1
	Men A Kayak	3.38	1.42	37.00		2
		3.42	1.44	37.66		3
		3.46	1.46	38.33	P	4
2	<i>World Champion C1</i>	3.50	1.48	39.00		5
	Men B Kayak Men A Canoe	3.54	1.50	39.66	D	6
	Masters A Kayak	3.58	1.52	40.33		7
	Boys A Kayak	4.02	1.54	41.00		8
		4.06	1.56	41.66	P	9
3	Men C Kayak Men B Canoe	4.10	1.58	42.33		10
	Masters B Kayak	4.14	2.00	43.00	D	11
	Boys B Kayak Boys A Canoe	4.18	2.02	43.66		12
		4.22	2.04	44.33		13
		4.26	2.06	45.00	P	14
4	Men D Kayak Men C Canoe	4.30	2.08	45.66		15
	Masters C Kayak Boys B Canoe	4.34	2.10	46.33	D	16
	Boys C Kayak	4.38	2.12	47.00		17
		4.42	2.14	47.66		18
		4.46	2.16	48.33	P	19
5	Masters D Kayak Men D Canoe	4.50	2.18	49.00		20
	Boys D Kayak Boys C Canoe	4.54	2.20	49.66	D	21
		4.58	2.22	50.33		22
		5.02	2.24	51.00		23
		5.06	2.26	51.66	P	24
6	Boys D Canoe	5.10	2.28	52.33		25
		5.14	2.30	53.00	D	26
		5.18	2.32	53.66		27
		5.22	2.34	54.33		28
		5.26	2.36	55.00	P	29
7	Regional Regattas recommended	5.30	2.38	55.66		30
		5.34	2.40	56.33	D	31
		5.38	2.42	57.00		32
		5.42	2.44	57.66		33
		5.46	2.46	58.33	P	34
8	Regional Regattas recommended	5.50	2.48	59.00		35
		5.54	2.50	59.66	D	36
		5.58	2.52	60.33		37
		6.02	2.54	61.00		38
		6.06	2.56	61.66	P	39
9	Boys Intermediate Kayak <small>To Boys D Kayak</small>		2.26	51.66		24
	<small>Minimum time</small>		2.46		P	
	Minimum Mini Sprint A		3.30			
	Minimum Mini Sprint B		4.00			

All classes within the same band are subject to the same performance standards.

There is no significance to the order in which classes are listed within each time band.

The handicap (HC) column is used to vary the standard time for each band to account for racing conditions at the time.

Promotions (P) and demotions (D) are possible on 1000m, 500m, and 200m races.

STANDARDS FOR SPRINT RACING

FEMALE CLASSES

Band	National Sprint Racing Classes	1000m	500m	200m		HC
1	Olympic 3:24 & 1:36 K1 <i>World Champion Men K1</i>					
	<i>World Champion Women K1</i>	3.50	1.48	39.00		0
2	Women A Kayak	3.57	1.51	40.30	D	1
		4.01	1.53	41.05		2
		4.05	1.55	41.80		3
		4.09	1.57	42.55		4
		4.13	1.59	43.30	P	5
3	Women B Kayak Women Masters A Girls A Kayak	4.17	2.01	44.05	D	6
		4.21	2.03	44.80		7
		4.25	2.05	45.55		8
		4.29	2.07	46.30		9
		4.33	2.09	47.05	P	10
4	Women A Canoe Women C Kayak Women Masters B Girls B Kayak	4.37	2.11	47.80	D	11
		4.41	2.13	48.55		12
		4.45	2.15	49.30		13
		4.49	2.17	50.05		14
		4.53	2.19	50.80	P	15
5	Women D Kayak Women B Canoe Women Masters C Girls A Canoe Girls C Kayak	4.57	2.21	51.55	D	16
		5.01	2.23	52.30		17
		5.05	2.25	53.05		18
		5.09	2.27	53.80		19
		5.13	2.29	54.55	P	20
6	Women C Canoe Women Masters D Girls B Canoe Girls D Kayak	5.17	2.31	55.30	D	21
		5.21	2.33	56.05		22
		5.25	2.35	56.80		23
		5.29	2.37	57.55		24
		5.33	2.39	58.30	P	25
7	Women D Canoe Girls C Canoe Regional Regattas recommended for others	5.37	2.41	59.04	D	26
		5.41	2.43	59.78		27
		5.45	2.45	60.52		28
		5.49	2.47	61.26		29
		5.53	2.49	62.00	P	30
8	Girls D Canoe Regional Regattas recommended for others	5.57	2.51	62.74	D	31
		6.01	2.53	63.48		32
		6.05	2.55	64.22		33
		6.09	2.57	64.96		34
		6.13	2.59	65.70	P	35
9	Girls Intermediate Kayak <small>To Girls D Kayak</small>		2.39	58.30	P	25
		<small>Minimum time</small>		2.59		
	Minimum Mini Sprint A		3.30			
	Minimum Mini Sprint B		4.00			

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STANDARDS FOR SPRINT RACING

PROMOTIONS IN SPRINT CLASSES

Promotion decisions are taken on times achieved in National Regatta heats or finals.

The STANDARDS FOR SPRINT RACING charts (pages D1 & D2) contains guideline times for all three sprint distances and classes. It assumes perfect weather and water conditions, that is, warm air and water with a steady and gentle following wind that just ruffles the surface.

Account is made for any variation in conditions from race to race. Performances are affected by the conditions at the time of each race, these may vary throughout each day. Cold water and head winds make times slower.

In order to assess whether a course is running fast or slow, the Promotions Team constantly monitor water and weather conditions and the times achieved by paddlers. They then refer to the column on the right of the STANDARD FOR SPRINT RACING chart marked HC, the handicap (or points) are used to determine by **how** much to adjust the times to a slower (or faster) time for each set of results.

Adjustments to the required times for promotion make the process as fair as possible but may lead to the application of different 'target' times from heat to heat, or heat to final.

Points to note:

- **Each class is graded separately.** Slower classes may have a bigger adjustment than faster classes (because slower paddlers are more adversely affected by poorer conditions). For example, on a day where the course is very slow the following HC adjustments may be made:
Class A 10 points: Class B 11 points: Class C 12 points: Class D 13 points
- One race cannot directly be compared with another.
- Achieving a faster time than a paddler in a higher class will not necessarily result in promotion to that class, neither will beating a higher ranked paddler in an age group competition.
- Promotion to an A class requires qualifying times over two out of the three distances 1000m, 500m or 200m.

Promotion times identified by the Promotions Team are not actioned unless ratified by the National Rankings Officer (Page A2) and will come into effect after publication in the National Regatta Official Results.