

| 1000m | 500m | 200m (secs) | HC | KAYAK | | | | | | | | CANOE | | | | MARATHON DIVISIONS | |
|-------|------|----------------|----|-------|-------|------|-------|-------------|---------------|-------------------|--------------------|-------|-------|------|-------|-----------------------|--|
| | | | | MEN | WOMEN | BOYS | GIRLS | MASTERS MEN | MASTERS WOMEN | INTERMEDIATE BOYS | INTERMEDIATE GIRLS | MEN | WOMEN | BOYS | GIRLS | | |
| 3.26 | 1.36 | 35.00 | | | | | | | | | | | | | | | |
| 3.28 | 1.37 | 35.33 | | Wch | | | | | | | | | | | | | |
| 3.30 | 1.38 | 35.66 | 0 | A | | | | | | | | | | | | 1 | |
| 3.32 | 1.39 | 36.00 | | | | | | | | | | | | | | | |
| 3.34 | 1.40 | 36.33 | 1 | | | | | | | | | | | | | | |
| 3.36 | 1.41 | 36.66 | | | | | | | | | | | | | | | |
| 3.38 | 1.42 | 37.00 | 2 | | | | | | | | | | | | | | |
| 3.40 | 1.43 | 37.33 | | | | | | | | | | | | | | | |
| 3.42 | 1.44 | 37.66 | 3 | | | | | | | | | | | | | | |
| 3.44 | 1.45 | 38.00 | | | | | | | | | | | | | | | |
| 3.46 | 1.46 | 38.33 | 4 | | | | | | | | | | | | | | |
| 3.48 | 1.47 | 38.66 | | | | Wch | | | | | | | Wch | | | | |
| 3.50 | 1.48 | 39.00 | 5 | | | | | | | | | | | | | | |
| 3.52 | 1.49 | 39.33 | | | | | | | | | | | | | | | |
| 3.54 | 1.50 | 39.66 | 6 | B | | | | | | | | | | | 2 | | |
| 3.56 | 1.51 | 40.00 | | | | A | A | | A | | | A | | | | | |
| 3.58 | 1.52 | 40.33 | 7 | | | | | | | | | | | | | | |
| 4.00 | 1.53 | 40.66 | | | | | | | | | | | | | | | |
| 4.02 | 1.54 | 41.00 | 8 | | | | | | | | | | | | | | |
| 4.04 | 1.55 | 41.33 | | | | | | | | | | | | | | | |
| 4.06 | 1.56 | 41.66 | 9 | | | | | | | | | | | | | | |
| 4.08 | 1.57 | 42.00 | | | | | | | | | | | | | | | |
| 4.10 | 1.58 | 42.33 | 10 | C | | | | | | | | | | | 3 | | |
| 4.12 | 1.59 | 42.66 | | | | | | | | | | | | | | | |
| 4.14 | 2.00 | 43.00 | 11 | | | | | | | | | | | | | | |
| 4.16 | 2.01 | 43.33 | | | | | | | | | | | | | | | |
| 4.18 | 2.02 | 43.66 | 12 | | | | B | | B | | | B | | A | | | |
| 4.20 | 2.03 | 44.00 | | | | | | | | | | | | | | | |
| 4.22 | 2.04 | 44.33 | 13 | | | | | | | | | | Wch | | | | |
| 4.24 | 2.05 | 44.66 | | | | | | | | | | | | | | | |
| 4.26 | 2.06 | 45.00 | 14 | | B | | A | | A | | | | | | | | |
| 4.28 | 2.07 | 45.33 | | | | | | | | | | | | | | | |
| 4.30 | 2.08 | 45.66 | 15 | D | | | | | | | | | | | 4 | | |
| 4.32 | 2.09 | 46.00 | | | | | | | | | | | | | | | |
| 4.34 | 2.10 | 46.33 | 16 | | | | | | | | | | | A | | | |
| 4.36 | 2.11 | 46.66 | | | | | | | | | | | | | | | |
| 4.38 | 2.12 | 47.00 | 17 | | | | C | | C | | | | | | | | |
| 4.40 | 2.13 | 47.33 | | | | | | | | | | | | | | | |
| 4.42 | 2.14 | 47.66 | 18 | | | | | | | | | | | | | | |
| 4.44 | 2.15 | 48.00 | | | | C | | B | | B | | | | | | | |
| 4.46 | 2.16 | 48.33 | 19 | | | | | | | | | | | | | | |
| 4.48 | 2.17 | 48.66 | | | | | | | | | | | | | | | |

| 1000m | 500m | 200m (secs) | HC | KAYAK | | | | | | | | CANOE | | | | MARATHON DIVISIONS |
|-------|------|----------------|----|-------|-------|------|-------|-------------|---------------|-------------------|--------------------|-------|-------|------|-------|-----------------------|
| | | | | MEN | WOMEN | BOYS | GIRLS | MASTERS MEN | MASTERS WOMEN | INTERMEDIATE BOYS | INTERMEDIATE GIRLS | MEN | WOMEN | BOYS | GIRLS | |
| 4.50 | 2.18 | 49.00 | 20 | | | | | | | | | | | | | |
| 4.52 | 2.19 | 49.33 | | | | | | | | | | | | | | |
| 4.54 | 2.20 | 49.66 | 21 | | | | | | | | | | | | | |
| 4.56 | 2.21 | 50.00 | | | C | | B | | B | | | A | | | | |
| 4.58 | 2.22 | 50.33 | 22 | | | | | | | | | | | | | |
| 5.00 | 2.23 | 50.66 | | | | | | | | | | | | | | |
| 5.02 | 2.24 | 51.00 | 23 | | | | | | | | | | | | | |
| 5.04 | 2.25 | 51.33 | | | | | | | | | | | | | | |
| 5.06 | 2.26 | 51.66 | 24 | | | | | | | | | | | | | |
| 5.08 | 2.27 | 52.00 | | | | | | | | | | | | | | |
| 5.10 | 2.28 | 52.33 | 25 | D | | D | C | D | C | | D | B | | A | | 5 |
| 5.12 | 2.29 | 52.66 | | | | | | | | | | | | | | |
| 5.14 | 2.30 | 53.00 | 26 | | | | | | | | | | | | | |
| 5.16 | 2.31 | 53.33 | | | | | | | | | | | | | | |
| 5.18 | 2.32 | 53.66 | 27 | | | | | | | | | | | | | |
| 5.20 | 2.33 | 54.00 | | | D | | | | | | | | | | | |
| 5.22 | 2.34 | 54.33 | 28 | | | | | | | | | | | | | |
| 5.24 | 2.35 | 54.66 | | | | | | | | | | | | | | |
| 5.26 | 2.36 | 55.00 | 29 | | | | | | | BI | | | | | | |
| 5.28 | 2.37 | 55.33 | | | | | | | | | | | | | | |
| 5.30 | 2.38 | 55.66 | 30 | | | | D | | D | | | C | | B | | 6 |
| 5.32 | 2.39 | 56.00 | | | | | | | | | | | | | | |
| 5.34 | 2.40 | 56.33 | 31 | | | | | | | | | | | | | |
| 5.36 | 2.41 | 56.66 | | | | | | | | | | | | | | |
| 5.38 | 2.42 | 57.00 | 32 | | | | | | | | | | | | | |
| 5.40 | 2.43 | 57.33 | | | | | | | | | | | | | | |
| 5.42 | 2.44 | 57.66 | 33 | | | | | | | | | | | | | |
| 5.44 | 2.45 | 58.00 | | | | | | | | | | | | | | |
| 5.46 | 2.46 | 58.33 | 34 | Min | | Min | | Min | | | Min | D | Min | C | | 7 |
| 5.48 | 2.47 | 58.66 | | | | | | | | | | | | | | |
| 5.50 | 2.48 | 59.00 | 35 | | | | | | | | | | | | | |
| 5.52 | 2.49 | 59.33 | | | | | | | | | | | | | | |
| 5.54 | 2.50 | 59.66 | 36 | | | | | | | GI | | | | | | |
| 5.56 | 2.51 | 60.00 | | | | | | | | | | | | | | |
| 5.58 | 2.52 | 60.33 | 37 | | | | | | | | | | | | | |
| 6.00 | 2.53 | 60.66 | | | | | | | | | | | | | | |
| 6.02 | 2.54 | 61.00 | 38 | | | | | | | | | | | | | |
| 6.04 | 2.55 | 61.33 | | | | | | | | | | | | | | |
| 6.06 | 2.56 | 61.66 | 39 | | | | | | | | | | | | | |
| 6.08 | 2.57 | 62.00 | | | | | | | | | | | | | | |
| 6.10 | 2.58 | 62.33 | 40 | | | | | | | | | | | | | |
| 6.12 | 2.59 | 62.66 | | | Min | | Min | | Min | | | Min | | Min | | 8 |

| BAND 1 | BAND 2 | BAND 3 | BAND 4 | BAND 5 | BAND 6 |
|-------------|-----------------|-----------------|-----------------|-----------------|--------------|
| Men A Kayak | Men B Kayak | Men C Kayak | Men D Kayak | Masters D Kayak | Boys D Canoe |
| | Masters A Kayak | Men B Canoe | Men C Canoe | Men D Canoe | |
| | Men A Canoe | Masters B Kayak | Masters C Kayak | Boys D Kayak | |
| | Boys A Kayak | Boys B Kayak | Boys C Canoe | Boys C Canoe | |
| | | Boys A Canoe | Boys C Kayak | | |